

**Professing the Faith of the One, Holy, Catholic, and  
Apostolic Church, Rooted in the Traditional Anglican  
Formularies.**



# ST. JOHN'S CATHEDRAL CHURCH



## *Lent 3*

Sunday Divine Liturgy: 7:30 am and 10:00 am

Sunday Morning Prayer: 7:15 am

Fellowship Hour: 11:30 am

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*Lent 3*

*March 3, 2024*

*Order of Worship*

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- \* **Prelude: "My Faith Looks Up to Thee"** *Carlos Staszkeski*
- \* **The Processional Hymn** Hymnal No. 60
- \* **The Decalogue** Hymnal No. 701
- The Gloria in Excelsis is omitted during Lent*
- \* **Collect for the Day** See Insert
- \* **First Lesson – Epistle** See Insert
- \* **The Holy Gospel** See Insert
- \* **The Nicene Creed** Booklet Page 5
- \* **Sermon**
- \* **Offertory Hymn** Hymnal No. 304
- \* **The Prayer for the Church** Booklet Page 6
- \* **Corporate Confession** Booklet Page 7
- \* **The *Sanctus*** Booklet Page 9
- \* **The Canon** Booklet Page 9
- \* **The *Agnus Dei*** Booklet Page 12
- \* **The Prayer of Humble Access** Booklet Page 12
- \* **Communion Meditation: "Meditation"** *Elizabeth Krouse*
- \* **The Prayer of Thanksgiving** Booklet Page 14
- \* **Recessional Hymn** Hymnal No. 55
- \* **Postlude: "Lord, Who Throughout These Forty Days"**  
*Anthony Giamanco*

## **The Collect**

We beseech thee, Almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty, to be our defence against all our enemies. Through thy Son Jesus Christ our Lord : who with thee in the unity of the Holy Ghost, liveth and reigneth God, world without end. *Amen.*

## **First Lesson**

Deuteronomy 6:1-9, 20-25

"Now this is the commandment, the statutes and the ordinances which the LORD your God commanded me to teach you, that you may do them in the land to which you are going over, to possess it; that you may fear the LORD your God, you and your son and your son's son, by keeping all his statutes and his commandments, which I command you, all the days of your life; and that your days may be prolonged. Hear therefore, O Israel, and be careful to do them; that it may go well with you, and that you may multiply greatly, as the LORD, the God of your fathers, has promised you, in a land flowing with milk and honey. Hear, O Israel: The LORD our God is one LORD; and you shall love the LORD your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. And you shall bind them as a sign upon your hand, and they shall be as frontlets between your eyes. And you shall write them on the doorposts of your house and on your gates. ... When your son asks you in time to come, 'What is the meaning of the testimonies and the statutes and the ordinances which the LORD our God has commanded you?' then you shall say to your son, 'We were Pharaoh's slaves in Egypt; and the LORD brought us out of Egypt with a mighty hand; and the LORD showed signs and wonders, great and grievous, against Egypt and against Pharaoh and all his household, before our eyes; and he brought us out from there, that he might bring us in and give us the land which he swore to give to our fathers. And the LORD commanded us to do all these statutes, to fear the LORD our God, for our good always, that he might preserve us alive, as at this day. And it will be righteousness for us, if we are careful to do all this commandment before the LORD our God, as he has commanded us.'"

Here endeth the Lesson

*Thanks be to God*

## Second Lesson (during Morning Prayer only)

### I Corinthians 3

I, brethren, could not address you as spiritual men, but as men of the flesh, as babes in Christ. I fed you with milk, not solid food; for you were not ready for it; and even yet you are not ready, for you are still of the flesh. For while there is jealousy and strife among you, are you not of the flesh, and behaving like ordinary men? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely men? What then is Apollos? What is Paul? Servants through whom you believed, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither he who plants nor he who waters is anything, but only God who gives the growth. He who plants and he who waters are equal, and each shall receive his wages according to his labor. For we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay, straw-- each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are. Let no one deceive himself. If anyone among you thinks that he is wise in this age, let him become a fool that he may become wise. For the wisdom of this world is folly with God. For it is written, "He catches the wise in their craftiness," and again, "The Lord knows that the thoughts of the wise are futile." So let no one boast of men. For all things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future, all are yours; and you are Christ's; and Christ is God's.

Here endeth the second Lesson

*Thanks be to God*

## The Epistle

Ephesians 5:1-14

Brethren: Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. But fornication and all impurity or covetousness must not even be named among you, as is fitting among saints. Let there be no [obscenity, foolish talk or coarse joking], which are not fitting; but instead let there be thanksgiving. Be sure of this, that no fornicator or impure man, or one who is covetous (that is, an idolater), has any inheritance in the kingdom of Christ and of God. Let no one deceive you with empty words, for it is because of these things that the wrath of God comes upon the sons of disobedience. Therefore do not associate with them, for once you were darkness, but now you are light in the Lord; walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light."

Here endeth the Epistle

*Thanks be to God*

## The Holy Gospel

*Glory be to thee, O Lord*

St. Luke 11:14-28

At that time, Jesus was casting out a demon that was dumb; when the demon had gone out, the dumb man spoke, and the people marveled. But some of them said, "He casts out demons by Be-elzebul, the prince of demons"; while others, to test him, sought from him a sign from heaven. But he, knowing their thoughts, said to them, "Every kingdom divided against itself is laid waste, and a divided household falls. And if Satan also is divided against himself, how will his kingdom stand? For you say that I cast out demons by Be-elzebul. And if I cast out demons by Be-elzebul, by whom do your sons cast them out? Therefore they shall be your judges. But if it is by the finger of God that I cast out demons, then the kingdom of God has come upon you.

When a strong man, fully armed, guards his own palace, his goods are in peace; but when one stronger than he assails him and overcomes him, he takes away his armor in which he trusted, and divides his spoil. He who is not with me is against me, and he who does not gather with me scatters. When the unclean spirit has gone out of a man, he passes through waterless places seeking rest; and finding none he says, 'I will return to my house from which I came.' And when he comes he finds it swept and put in order. Then he goes and brings seven other spirits more evil than himself, and they enter and dwell there; and the last state of that man becomes worse than the first." As he said this, a woman in the crowd raised her voice and said to him, "Blessed is the womb that bore you, and the breasts that you sucked!" But he said, "Blessed rather are those who hear the word of God and keep it!"

The Gospel of the Lord  
*Praise be to thee, O Christ*



*Scripture reading quotations taken from the Revised Standard Version Catholic Edition  
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## THOSE FOR WHOM OUR PRAYERS ARE DESIRED

For the Patriarch of the West, the Patriarchs of the East, ++Shane the Primate, +Juan our Presiding Bishop, Patrick our own Bishop, and other ministers.

**And especially to this congregation here present:** as well as all clergy and people of the Diocese of the Missouri Valley, the Diocese of the Midwest, the Traditional Anglican Church, and our sister Churches.

### **For the Sick, Suffering, and Infirm:**

Bishop Daren Williams	Angel Strawn	Mina Geise	Gavin Gotcher
Canon Bart Ryan	Audrey Chapman	Andrea	Tom Frisbe
Br. Ed Arambasich	Robert Nicholson	Rick S.	John Flynn
Jennifer Dixon	Julie Gunnerson	Ann McIntyre	Jim Schaller
Keith Albertson	Linda Schrand	Mark Trent	Susan Rose
JoAnne Werr	Bob High	Larry Roland	Judi Mohrman
Andy Tappe	Gary Sprouse	Jennifer Perkins	Bill & Barb
Natalia Green	Sue Sprouse	Deborah Lipsky	Velvet Brown
Charlene Copeland	Edward Schwan	Michl Hiatt	Becky Vogel
Tom Lepper	Diane Durbin	Shay Williams	Will Hartig
Ricky Strawn	Rachel Wegs	Tiffany Roach	Eric Graham
Matthew Mast	Joy Williams	Kathy Haugay	Carter Doran
Kristofor Peterson	Sharon Gardner	Tish	Tomo Sakurai
Brad & Buffy Schulze	Larry Moore	Diane	

### **For the Place Bound:**

Anne Hughes    Dean Johnston    Melba Wiesemann

**For Christians suffering persecution throughout the world.**

**For all those serving in our armed forces abroad; all those serving in dangerous civilian occupations,** especially all police, fire, and rescue workers; and all those **harmed by recent natural disasters, diseases, or attacks. We also pray for a just end to armed conflict throughout the world, especially in Ukraine, Israel, and Gaza.**

**We also offer our prayers of thanksgiving for our Cathedral family here at St. John's,** especially Gary Blickhan (3/3) and Andrew Scott (3/4) on the anniversary of their birth.

**For the repose of the souls of the faithfully departed,** especially Oscar Eggeson, Sr.; Judy Requet; Monte Christner; and Robert Monier; all Christians who have died from recent natural disasters, diseases, or attacks; all who have been murdered in the name of “mercy” or by abortion or infanticide; as well as all the new martyrs throughout the world.

# THIS WEEK AT THE CATHEDRAL

**Wednesday**

**6:00 pm Holy Eucharist**

**Friday**

**6:00 pm Stations of the Cross**

**6:30 pm Fish Fry**

**Saturday**

**8:30 am Sacrament of Confession**

**6:00 pm Chess Club**



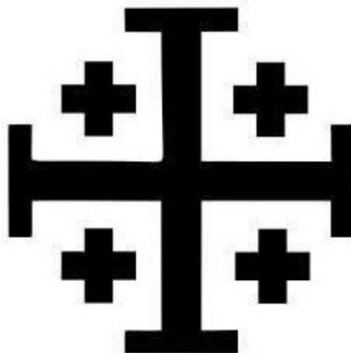
Our annual fish fry events are here! Bring a meatless side dish to share and your favorite beverage. Carry-outs are available. Dinner begins immediately after Stations of the Cross.

**Friday March 8th**

**6:30pm**

**Friday March 22nd**

**6:30pm**





## **Announcements:**

**LAST WEEK FOR PENNIES FOR LIFE.** This is the last week we will have the collection box out for the annual fundraiser for Right to Life of Adams County. Please consider putting in a penny for each year of your life. Or you can put in your loose change or any other donations that you would like to make to the local branch of this very important pro-life organization. These funds will be taken to their office this week, so don't wait!

**MITE BOXES:** Mite Boxes are available in the table in the Narthex.

**IN A PASTORAL EMERGENCY,** please contact Fr. Christian directly anytime at 603-545-9079. He can also be contacted by text at the same number or by email at [elegantines@hotmail.com](mailto:elegantines@hotmail.com) .

## **SACRAMENT OF CONFESSION**

Jesus Christ, in His abundant love and mercy, established the Sacrament of Confession (*aka* Reconciliation or Penance) so that we as sinners can obtain forgiveness for our sins and reconcile with God and the Church. The sacrament washes us clean and renews us in Christ. Jesus said to the Apostles:

*"Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them and said to them, "Receive ye the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained" (St. John 20:21-23).*

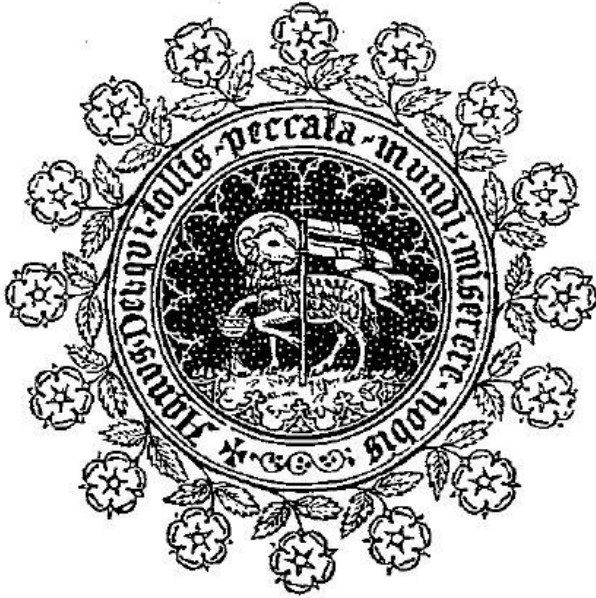
In keeping with this tradition, Confessions will be heard every Saturday morning in Lent at 8:30am.

### **The Rules for Fasting and Abstinence are as follows:**

No meat on Ash Wednesday or any Friday of Lent.

1 main meal on these days, with 2 snacks.

Those who are ill or of advanced age are not required to Fast.



**Jesus Christ, Yesterday, Today, and  
Forever!**

Welcome to St. John Anglican Cathedral! Whether you are new to the area or a long-time resident, we warmly welcome you to the life of this community of Historic Christian Faith.

***For those who have been Initiated (Baptized and Confirmed/Chrismated) in an Apostolic Catholic Church (Eastern Orthodox, Roman Catholic, Traditional Anglican, Oriental Orthodox, Polish National Catholic, Byzantine Catholic) and are free from manifest grave sin are invited to partake of the Holy Communion. Others are welcome to receive a blessing at the altar rail and may indicate this by crossing arms across their chest.***

The Right Rev. Patrick S. Fodor, D. Min  
The Very Rev. Christian Canon Tutor, OSA  
Mr. James Sohn  
Mr. John C. Fodor  
Mr. Gary L. Blickhan, CPA

Diocesan Bishop  
Cathedral Dean  
Senior Warden  
Subdeacon  
Organist